

# SCIENTIFIC PROGRAMME,

## MODULE 1: BASIC COMPREHENSIVE COURSE

### THURSDAY 4th APRIL 2019

COURSE CHAIR: A. SPILIOPOULOS

8.30-9.00 Course Registration & Welcome Coffee

#### ***Session 1: Spine the bigger picture***

9:00-9:20 Evidence Based Medicine

***A. Brodis***

9:20-9:40 Epidemiology & Economics

***A. Syggelakis***

9:40-10:00 Ergonomics & Psychosocial Aspects

***P. Zouboulis***

10:00-10:30 Coffee Break

#### ***Session 2: The Functional Spine***

10:30-10:50 Radiology Imaging

***A. Karantanas***

10:50-11:10 Biomechanics

***D. Bouramas***

11:10-11:30 The Young Spine

***A. Kapinas***

11:30-11.50 The Old Spine

***E. Papadopoulos***

11:50-12.30 Case Discussion

12.30-13.30 Lunch Break

### ***Session 3: Clinical Evaluation***

**13:30 -13:50** Discussion: Recognising Serious Spine Disorders :red Flags

**S. Papastefanou**

**13:50-14:10** Communication Skill

**M. Samoladas**

**14:10-14:30** Consenting Skills Exercise

**S. Papastefanou**

**14:30-14:50** Top Tips For Clinical Examination

**K. Paterakis**

**14:50-15:10** safety & Ethics

**S. Stavridis**

**15:10-15:30** Case Discussion

**15:30-16:00** Coffee Break

### ***Session 4 Emergencies***

**16:00-16.20** Trauma. Evaluation. Transport

**A Samelis**

**16.20-16.40** Acute Cord Compression

**Th. Palaiologos**

**16.40-17.00** Cauda *Equina* Syndrome

**G. Balogiannis**

**17.00-17.20** Case Discussion: Systemic Diseases & The Spine

**E. Papadopoulos**

**17.20 -17.30** Case Discussion

## SCIENTIFIC PROGRAMME

### MODULE 4: TRAUMA

**FRIDAY, 5th APRIL 2019**

#### COURSE CHAIRS:

S. STAVRIDIS, Thessaloniki, Greece

F. KANDZIORA, Frankfurt, Germany

**08:30-09:00** Course Registration & Welcome Coffee

#### ***Session 1: Trauma Cervical Spine***

**09:00-09:10** Introduction

***S. Stavridis, F. Kandziora***

**09:10-09:30** Imaging of Cervical Trauma

***A. Karantanas***

**09:30-09:50** Trauma of CO-C2: Classification & Management

***F. Kandziora***

**09:50-10:10** Trauma of Subaxial C-Spine: Classification & Management

***I. Magras***

**10:10-10:30** Case discussion

**10:30-11:00** Coffee break

#### ***Session 2: Trauma Thoracolumbar Spine***

**11:00-11:20** Imaging of Thoracic/Thoracolumbar Trauma

***A. Karantanas***

**11:20-11:40** Trauma of TL Spine: Classification and management

***K. Paterakis***

**11:40-12:00** Sacral Fractures: Classification & Management

***P. Korovessis***

**12:00-12:20** Case Discussion

**12:20-12:40** Trauma of Spine with Ankylosing Spondylitis & DISH: Features & Management

**F. Kandziora**

**12:40-13:00** Osteoporotic Fractures: Diagnosis & Management

**S. Stavridis**

**13:00-13:30** Case Discussion

**13:30-14:30** Lunch break

### ***Session 3: Paediatric Trauma and SCI Topics***

**14:30-14:50** Paediatric Spinal Trauma: Features & Management

**A. Kapinas**

**14:50-15:10** Spinal Shock & Incomplete Spinal Cord Injury Syndromes

**D. Bouramas**

**15:10-15:30** Rehabilitation Following Spinal Cord Trauma

**G. Vissarakis**

**15:30-15:50** Biomaterials in Spine Surgery

**A. Brodis**

**15:50-16:00** Discussion

**16:00-16:30** Coffee break

### ***Session 4: Post-Traumatic Kyphosis***

**16:30-16:50** Prevention and Management of Post-Traumatic Kyphosis

**Elias Papadopoulos**

**16:50-17:20** Case Discussion

**17:20-17:30** Discussion-Closing remarks

**17:30** End of course



**Diploma of  
the Hellenic  
Spine Society**  
Equivalent to the  
EUROSPINE (the Spine  
Society of Europe) Diploma

**MODULE 1 : BASIC COMPREHENSIVE COURSE**  
**MODULE 4 : TRAUMA**

**4-5 APRIL 2019**

Athens Medical Group Amfitheater  
Kefalari Square, Athens, Greece



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